



Smile Review

from All Smile Dental

Spring 2006

Keep Your Secret

With Invisalign®

Until recently, the preferred method for straightening teeth was metal *train-track* braces. We are one of the first practices to offer Invisalign®, one of the most advanced components of adult cosmetics.

There are no metal wires and brackets, and you can still enjoy your favorite foods

■ **What is Invisalign?** It's a proven method for straightening teeth using a series of custom-made, nearly undetectable aligners.

■ **How does Invisalign work?** Each aligner is precisely calibrated and manufactured to custom-fit over your teeth and gently move them through every stage of your treatment. There are no metal wires and brackets, and you can still enjoy your favorite foods, and brush

and floss easily.

■ **Can I benefit?** Adults account for nearly 25% of all orthodontic patients! The most common problems are crowded teeth, teeth spaced too far apart, protruding upper or lower teeth, and upper and lower front teeth that do not touch.

■ **How do I get started?** After consultation and deciding on a treatment plan, we take an impression of your teeth, and submit it to Invisalign. Using the latest 3-D computer technology, our instructions are translated into a series of medical-grade plastic aligners. You can view your own virtual treatment plan when you start, so you can see how great your straight teeth will look!

We know you'll be inspired to consider Invisalign! Please call us for a consultation.



invisalign®

SPECIAL!

FREE

\$250 Value

Includes: Comprehensive consultation for Invisalign®

Offer ends: May 12th, 2006

All Smile Dental

4653 Carmel Mountain Road, Suite 306
San Diego, CA 92130-6650

Office Hours

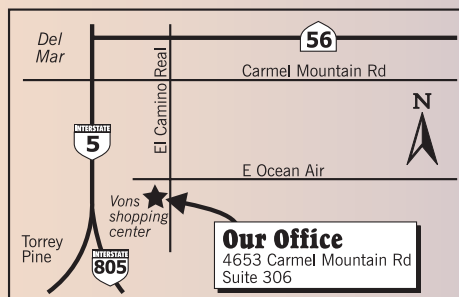
Mon-Fri 9:00 am – 6:00 pm
Saturday by appointment

Email

contact@allsmile.net

Web site

www.allsmile.net



Our Services Include:



- ❖ Brand New State-of-the-art Facility
- ❖ **New Patient Specials**
- ❖ Family & Cosmetic Dentistry
- ❖ Extensive Experience in Children's Dentistry
- ❖ Tooth Whitening, 1-Hour & Take-home
- ❖ Sedations for Adults & Children
- ❖ White (composite) Fillings, Mercury-free
- ❖ Porcelain Crowns & Veneers
- ❖ Emergency dental care
- ❖ Dental Implants
- ❖ Invisalign® Orthodontic Treatment
- ❖ Advanced Digital X-Rays
- ❖ Zero-Cost Financing Available
- ❖ Most Insurance Plans Accepted

Call Today!
(858) 350-0045



Wise UP

Conquer the wisdom tooth culprit

You may not even think about your wisdom teeth until you feel pain. They are the last teeth to erupt, often in your late teens or early twenties. The only way to anticipate their timing is by dental examination.

According to the American Dental Association, problems often develop, including teeth that:

- are impacted (unable to come in or are misaligned);
- grow sideways;
- emerge only part of the way through the gum;
- remain trapped beneath the gum and bone.

Complications could include...

- damage to adjacent teeth;
- infection;
- pain, swelling, jaw stiffness, and even general illness.

Temporomandibular Disorder (TMD) symptoms (tenderness in jaw muscles or jaw joint, limited jaw opening, and unexplained facial or head pain) can also be caused by wisdom teeth.

Close monitoring by a dentist and special cleaning techniques are sometimes enough to keep wisdom teeth on the straight and narrow.

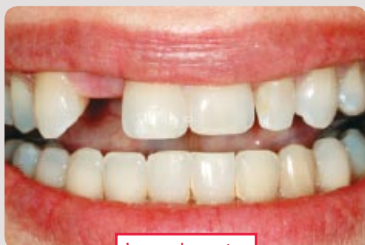
Can we make you smile today?

Restore your equilibrium with cosmetic dentistry

The same cosmetic procedures that beautify your smile could relieve symptoms like tenderness of the jaw muscles, limited jaw opening, facial or head pain, or joint noises. How? Cosmetic dentistry can correct your bite so that the muscles can function without extra strain and tension and leave you smiling – beautifully.



crowns



implants



A crown...

...is sometimes called a cap. The white enamel that you see when you smile forms the crown of your tooth. When cracked or weakened by trauma, or by wear and tear, it can be strengthened by a porcelain crown which is translucent like real tooth enamel. With a custom-fitted crown, your smile will look, feel, and work exactly as nature designed it to.

A bridge...

...is a combination of crowns and artificial teeth. Bridges can close the gap left by one or more missing teeth, restoring the look of your smile and redistributing the workload more evenly.

An implant...

...is an alternative artificial tooth permanently anchored in the jawbone below the gum. Dental implants look and feel just like real teeth and can be used by young and old alike.

A filling...

...replaces tooth material that is damaged by decay. Say “goodbye” to old silver-colored fillings and “hello” to enamel-colored materials that look completely natural and can save your tooth, your bite, and your appearance!

Q&A

Wouldn't you like a whiter smile?

Professional teeth whitening can create such a dramatic difference that millions of people worldwide will get their teeth whitened this year. Here are the answers to some common questions you may have about whitening.

What is teeth whitening?

It is a process that takes away stains and discoloration to brighten your teeth enamel. Safe, quick, and reliable

Get Enough Sleep!

You've seen the headlines – sleep deprivation is taking its toll. And snoring is a key factor. There's one type of snoring in particular that is cause for alarm for the more than 30 million sufferers in North America alone: sleep apnea.

Researchers have found a link between sleep apnea and the danger of stroke... and dentistry may help.

When someone has sleep apnea, their airway could collapse ... up to 500 times a night. Blood pressure can soar, damaging the inner walls of the carotid arteries. Cholesterol and calcium can stick to the injury sites and calcify into plaques that block blood flow to the brain. The result can be massive stroke.

If you think you or someone you love may suffer from sleep apnea, a physician can provide a diagnosis. Dentistry may help relieve symptoms... and greatly improve the quality of sleep!

Extreme Results Minimal Effort

You don't need to have an extreme procedure to get extreme results. If you have admired today's look of big square even teeth, and believe your teeth are too small, your new smile may be within easy reach thanks to a simple procedure called a *gum lift*. In only one or two visits, we can unveil the true power of your smile.

When it comes to appearance, your gumline can be every bit as important as your lipline and your teeth. By revealing the beautiful natural enamel beneath a too-gummy smile, dentistry can restore the eye-catching proportions and symmetry of your smile ... and your face.

Don't be self-conscious because your teeth look too short or too small, because too much of your gums show, or because your teeth look different lengths.

Call us. We'd be extremely pleased to help you!



A whitening

teeth whitening can be done under our supervision – in the office or at home.

What do patients report about their teeth whitening experiences?

- boosted self-confidence,
- improved looks,
- and they smile more!

Ask yourself, “Can I benefit?”

Yes. After childhood, most people can benefit from whitening. As people age, their teeth tend to darken and yellow,

particularly if they...

- drink coffee, tea, or red wine;
- use tobacco products;
- take certain medications.

Are you asking, “Why should I get supervised teeth whitening?”

We make absolutely certain that the whitening ingredients in the system we prescribe for you suit your individual teeth and gums. Without supervision, ingredients found in some off-the-shelf

kits could injure gums and other soft tissue in the mouth and throat, or make you ill if ingested.

How white can you expect your teeth to look?

Teeth can be whitened up to an average of eight shades. The final result depends on the extent of staining. We can help you to determine your smile's best whitening goal. Call for your consultation!

Child Introductory Special!

Regularly \$270

Includes:
All necessary
x-rays,
comprehensive
exam & cleaning.
Offer ends:
May 12th, 2006

now
\$75

Smile Architecture More than a facade

Millions of people today are looking great thanks to cosmetic dentistry's ability to rejuvenate smiles with translucent veneers, natural-looking crowns, metal-free bridges, and dental implants.

As beautiful and as natural-looking as these restorations are, it's their architecture – the physical properties of the materials and the biomechanics that go into the design – that make them so realistic, safe, and long-lasting. Physical properties include resistance to shrinkage and expansion, ability to tolerate heat and cold, as well as its biocompatibility. Biomechanical considerations involve the ability to withstand the load-bearing stresses of speaking and chewing.

Please ask us about the new restoration options that will result in the best choices for your smile.



A Special Invitation

For YOU and YOUR FAMILY...

Dear Neighbor,

There's a good possibility we're exactly right for one another. The need to feel comfortable with – and confident in – your dentist is very important. It makes visits more enjoyable, less anxiety-filled. And because we have so many wonderful patients in the neighborhood, we anticipate that our relationship with you would be just as wonderful and fulfilling.

We care a lot about our community and are extremely proud of our reputation. Our practice was built on our patients' referrals – they've chosen to trust us year after year.

We'd like your trust also. Toward that end, I'd like to invite you to visit us so that you can decide for yourself if we are the right fit for you. And should you decide that we are, I can promise you that...

- You'll have access to preventive, restorative, and cosmetic dentistry.
- You'll be treated as a friend and a valued patient.
- You'll discover that we offer the kind of attention only a neighbor can give.

We look forward to meeting you ... and hopefully developing a long, mutually beneficial relationship.

Sincerely,

Dr. Christy Chen and the Staff of All Smile Dental

P.S. We are offering **FREE Cosmetic Dentistry Consultations!** We'll analyze your smile, and discuss what cosmetic dental technique would make you smile more! Please call today at (858) 350-0045. Offer expires May 12th, 2006. This consultation could be the best time investment you've ever made!

We have a second office to serve you even better!

**205 W Mission Ave, Suite V
Escondido, CA 92025
760-489-2600**

Get Acquainted Special!

now
\$99

Regularly \$280

Includes: All necessary x-rays, comprehensive exam & FREE cleaning (no gum disease).

Offer ends: May 12th, 2006

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